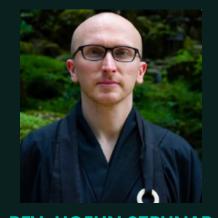
# Shall we find our peace of mind zazen? ZEN class will be held in person and online. We look forward to seeing you!





**REV. HOJUN SZPUNAR**Guiding teacher

## 2023

4/19 9/6 5/31 10/4 6/7 11/1 7/19 12/6 8/23

## 2024

2/14 3/25

### [PLACE]

Tokyo Grand Hotel (5th Floor) Minatokushiba2-5-2

Live stream on You Tube



#### 18:00 - 19:00(JST)

Darma talk and Zazen (法話と坐禅)

Admission Free. Reservation is required. Please sign up at the URL below.

